

Insulin Types and Actions

INSULIN TYPES AND ACTIONS				
Brand Name	Generic Name	Onset	Peak	Duration
<i>RAPID ACTING</i>				
Apidra	Insulin Glulisine	<15 minutes	1-2 hours	3-4 hours
Humalog	Insulin Lispro	<15 minutes	1-2 hours	3-4 hours
Novolog	Insulin Aspart	<15 minutes	1-2 hours	3-4 hours
<i>REGULAR</i>				
Humulin R	Regular	1/2 - 1 hour	2-3 hours	3-6 hours
Novolin R	Regular	1/2 - 1 hour	2-3 hours	3-6 hours
<i>INTERMEDIATE ACTING</i>				
Humulin N	NPH	2-4 hours	4-10 hours	10-16 hours
Novolin N	NPH	2-4 hours	4-10 hours	10-16 hours
<i>LONG ACTING</i>				
Levemir	Insulin Detemir	3/4 - 2 hours	minimal peak action	up to 24 hours
Lantus	Insulin Glargine	2-4 hours	no peak	20-24 hours